

# ACADEMIC COMMUNITY PARTNERS

Dignity Health

Kaiser Permanente

Sierra Hematology  
Oncology

Sutter Health

UC Davis Comprehensive  
Cancer Center



Sierra Hematology Oncology Physicians  
Navneet Virk, MD and John Kailath, MD

WE **COLLABORATE** TO  
IMPROVE **ADVANCED  
CANCER CARE** AND  
BRING **NOVEL THERAPIES**  
DIRECTLY TO **PATIENTS  
WHO NEED THEM**

## OUR MISSION

to expedite the evaluation and  
implementation of new cancer  
therapies through a collaborative  
academic-community partnership  
serving the greater Northern  
California region.



Dignity Health Nurse Navigator,  
Rachel McConachie with a Cancer Survivor

# YOUR GUIDE TO PHASE I CLINICAL TRIALS



COMMUNITY  
**STRONGER THAN CANCER**  
SACRAMENTO CITYWIDE ONCOLOGY PHASE I PROGRAM

We're driving advances in  
cancer discoveries and  
treatments.



**SCOPEofHOPE.com**  
info@scopeofhope.com  
(916) 703-5558



Sutter Hematologist Michael Carroll, MD  
with a Cancer Survivor

# THE SACRAMENTO CITYWIDE ONCOLOGY PHASE I PROGRAM (SCOPE) OFFERS WIDESPREAD ACCESS TO STUDIES OF NEW AGENTS AND TREATMENTS CONDUCTED WITH UNPARALLELED QUALITY, EFFICIENCY, AND INTEGRITY.



UC Davis GI Oncologist Edward Kim, MD, Ph.D.

## Q: WHAT ARE PHASE I CLINICAL TRIALS?

There are three stages of treatment evaluation prior to FDA approval. Phase I is the first stage. The treatment has already been tested in laboratory and animal studies but must be evaluated in people. Thus, the primary goal of Phase I studies is to determine the dose and schedule of administration of a new treatment that can be given safely to patients. A secondary goal is to determine if the new treatment is helpful to patients. All patients in a Phase I study receive the experimental therapy.

## Q: WHY PARTICIPATE IN A CLINICAL TRIAL?

Cancer treatments used today require rigorous testing in clinical trials prior to their formal approval. Participation in clinical trials is the sole means of making therapeutic advances to improve the lives of patients and identify potential cures.

## Q: WILL MY INSURANCE COVER THE TREATMENT?

The experimental treatment is provided at no cost. However, routine tests and procedures that you would normally have if you were receiving a standard treatment will be billed to your insurance company. These routine tests will be performed at a location where your insurance will cover them at the lowest possible out-of-pocket expense.

## Q: WHAT IF I DON'T QUALIFY FOR A TRIAL?

Your information will be added to our list for consideration for future studies. The Phase I Program continually opens new trials. We will communicate with you and your doctor if a suitable new trial becomes available.

## Q: HOW LONG DOES IT TAKE TO ENROLL IN A CLINICAL TRIAL?

Generally it takes 1-2 weeks to begin study treatment, although it can take longer under particular circumstances. The first step is to have a consult with a Phase I physician to determine if there is a clinical trial that is right for you. If so, and you agree to participate by signing the consent form, you will enter screening. This involves a series of tests that must be performed to make sure it is safe for you to receive the treatment.

## ASK YOUR DOCTOR IF THERE IS A CLINICAL TRIAL FOR YOU



Kaiser Permanente Oncologist Richard Guy, MD

## Q: WHAT ARE THE RISKS & BENEFITS OF JOINING A PHASE I CLINICAL TRIAL?

All clinical trials require that patients understand the risks, benefits, clinical trial processes and alternative treatment options, as well as rights and protections as defined by law. This is called the informed consent process. In discussion with you, the physician and study coordinator will review the consent document and address questions. Signing the consent signifies that you understand the trial and have a desire to participate. However, you can withdraw from the study at any time.

Patients enrolled in Phase I trials are extensively monitored and may require additional visits and tests. While all of the trial-related treatment will be administered at our National Cancer Institute (NCI) designated UC Davis Comprehensive Cancer Center by the Phase I team, your referring oncologist will still be involved in your overall care. Once you finish your clinical trial participation, all of your care will be transferred back to your oncologist.

## Q: WHERE IS THE PHASE I CLINIC LOCATED?

The Phase I clinic is located within the **UC Davis Comprehensive Cancer Center**  
4501 X Street  
Sacramento, CA 95817

For more information contact:  
[info@scopeofhope.com](mailto:info@scopeofhope.com)

Visit us online at  
**SCOPEofHOPE.com**